



# St Anne's Catholic Primary School



## Weekly School Newsletter

Friday 2nd February 2024

 @SAINTANNESCPS

### WEEKLY NEWS

This week started with a really exciting day as we welcomed RISE theatre into school. They led the children in an exciting show and workshops all about how we can look after God's planet. The children had a great day.

On Tuesday Year 5 & 6 enjoyed a visit from students from Warwick University. They enjoyed taking a trip to space in the planetarium. Yesterday we celebrated National Story Telling day. Our older pupils read stories to our younger children which was lovely.

Last Friday 7 of our children received their sacrament of Confirmation. Well done children we are very proud of you.

Have a lovely weekend.



### SCHOOL MASS

On Thursday 8th February will be whole school mass at school at 9am everyone is invited.

### SUNDAY MASS

Each Sunday Mass is celebrated at St Anne's Church at 9am.

### OUR WEEKLY MISSION

This week we have been thinking about how we can share the love of God to others.

### His Words have Authority

*Mission*

Use your words to share the love of God with others. The words we choose can completely change a situation. Always try to use words which make people feel loved, valued and encouraged.

### GOSPEL VIRTUES

This half term pupils are growing to be **compassionate** and **loving**.



Wednesday Word Link

Love one another, as I have loved you, in our home, school and parish families.



## **DATES FOR YOUR DIARY**



**Tuesday 6th February**

Safer Internet Day

**Thursday 9th February**

Chinese New Year – Special  
Meal Day

**Friday 9th February**

Children finish at 2.15pm for  
half term

**Monday 19th February**

All children return to school

**Tuesday 20th February**

Whole School Retreat Day  
with One Life Music

**Thursday 7th March**

World Book Day

## **NOTICES**

### **24-25 TERM DATES**

The new term dates will be sent out shortly. Once they are agreed by our school governors, for the next Academic year. Please see the attached dates that will run up until this Summer term..

### **PARENT CONSULTATIONS**

Please ensure you return the booking form to your class teacher.

### **SCHOOL UNIFORM**

Please remember to label all items brought into school, with your child's name and year group.

Please can children be wearing school shoes and not trainers when it is a normal uniform day.

The only jewellery allowed in school is stud earrings. Thank you for your support.

### **NURSERY APPLICATIONS**

We are currently accepting registrations for our Nursery in September. If your child is turning 3 after the 31st August 2024 they will be eligible for a fully funded 15 hours per week place. If both parents are working a minimum of 16 hours per week you could be eligible for 30 hours. Please collect a registration form from the school office if you would like a place. We currently offer morning, afternoon or full day places. Should you have any questions regarding funding please contact the school office.

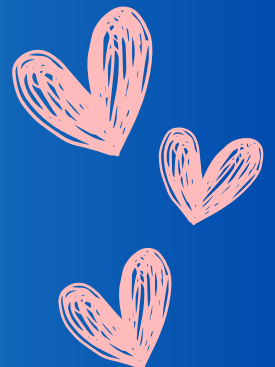
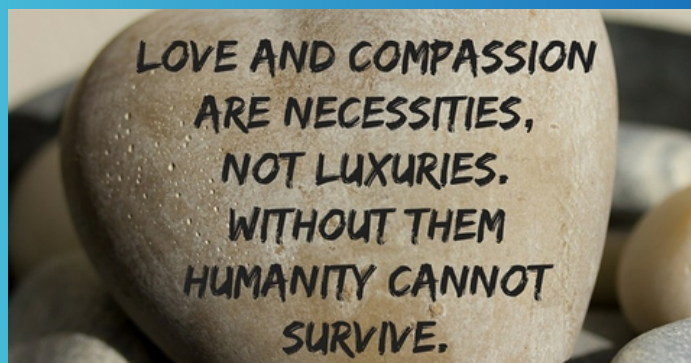


# STARS OF THE WEEK

Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Gerody & Kylan	Gehrig & Helena	Eseose & Octavia	Ava-Rose & Parker	Mohou & Victor	Chenuri & Michael	Tylar & Arsal

## Virtue Nominations

Asrith - For showing compassion to another child by trying to help them when they were hurt.





HAPPY

BIRTHDAY

Renne Y2  
Jayden Y5  
Gracielle YR  
Ellie Rose Y5  
Evie YN  
Rebecca Y2  
Munachi Y5  
Maja YR



# St. Anne's Catholic Primary School

## Terms and Holidays 2023/2024

Term	Pupil Dates	Staff Training Days (children not in school)
<b>Autumn 1: 2023</b>	Children start the new school year on Tuesday 5 <sup>th</sup> September 2023 – Thursday 26 <sup>th</sup> October 2023	<b>Friday 1<sup>st</sup> September 2023 Monday 4<sup>th</sup> September 2023 Friday 27<sup>th</sup> October 2023</b>
<b>HALF TERM</b>	<b>Monday 30<sup>th</sup> October – Friday 3<sup>rd</sup> November 2023</b>	
<b>Autumn 2: 2023</b>	Children return on Monday 6 <sup>th</sup> November 2023 – Friday 22 <sup>nd</sup> December 2023	
<b>CHRISTMAS BREAK</b>	<b>Monday 25<sup>th</sup> December – Friday 5<sup>th</sup> January 2024</b>	
<b>Spring 1: 2024</b>	<b>New Year Bank holiday: Monday 1<sup>st</sup> January 2024</b> Children return Tuesday 9 <sup>th</sup> January 2024 – Friday 9 <sup>th</sup> February 2024	<b>Monday 8<sup>th</sup> January 2024</b>
<b>HALF TERM</b>	<b>Monday 12<sup>th</sup> February 2024 – Friday 16<sup>th</sup> February 2024</b>	
<b>Spring 2: 2024</b>	Children return on Monday 19 <sup>th</sup> February 2024 – Friday 22 <sup>nd</sup> March 2024	
<b>EASTER BREAK</b>	<b>Monday 25<sup>th</sup> March 2024 – Friday 5<sup>th</sup> April 2024</b>	
<b>Summer 1: 2024</b>	Children return on Monday 8 <sup>th</sup> April – Friday 24 <sup>th</sup> May 2024 <b>May Day Bank holiday: Monday 6<sup>th</sup> May 2024</b> <b>Spring Bank holiday Monday 27<sup>th</sup> May 2024</b>	
<b>HALF TERM</b>	<b>Monday 27<sup>th</sup> May 2024 – Friday 31<sup>st</sup> May 2024</b>	
<b>Summer 2: 2024</b>	Children return on Tuesday 4 <sup>th</sup> June – Friday 19 <sup>th</sup> July 2024	<b>Monday 3<sup>rd</sup> June 2024</b>

**\*\* Staff training days are subject to change. \*\***

## SYMPTOMS

High temperature



Runny nose



Cough



Sore red eyes



Rash



**NHS**

# Measles is circulating

- Measles is extremely infectious and can be serious
- Unvaccinated young children, pregnant women and people with weak immune systems are at greatest risk of severe health complications if they catch measles.
- Symptoms include:
  - high temperature (fever)
  - cold like symptoms such as runny or blocked nose, sneezing or coughing
  - sore, red, watery eyes
  - a blotchy red brown rash, which usually appears a few days after cold like symptoms (sometimes starts on the face before spreading to the rest of the body). The rash may be harder to see on darker skin tones.
  - small white spots inside cheeks and the back of lips (may appear for a few days)
- If you or your child have symptoms of measles, stay at home and phone your GP or NHS 111 for advice – as you could easily spread the virus to others
- If you need to visit your GP or hospital, call ahead to let them know that it could be measles – they will make special arrangements for your arrival to help keep other patients and staff safe.

# SYMPTOMS

## Rash



## High temperature



## Runny nose



## Sore red eyes



## Cough



**NHS**

# Measles:

## Protect yourself and your family

- Measles, mumps and rubella (MMR) vaccination is the safest protection against measles.
- Two doses of MMR offers the best protection against measles and is free.
- If you have not had two doses of MMR, you can ask to get them from your GP surgery.
- Check to see whether your child has had their two doses just after their 1st birthday and again before starting school.
- For people who do not touch any pork products, there is a version of the MMR vaccine which does not use porcine gelatin in its production.
- Know the symptoms and keep people with symptoms away from others.  
Visit [www.nhs.uk/conditions/measles](https://www.nhs.uk/conditions/measles) for more measles information.

### SPEAK TO YOUR GP IF:

- Your child or someone in your family has missed their first or second dose of the MMR vaccine.
- You or someone in your family show symptoms of measles.

# CHINESE NEW YEAR



**Thursday 8th February**

## Main Dish

Crispy Chicken with Sweet & Sour Sauce  
Vegetable Spring Rolls (v)

## Sides

Rice & Stir Fried Vegetables

## Dessert

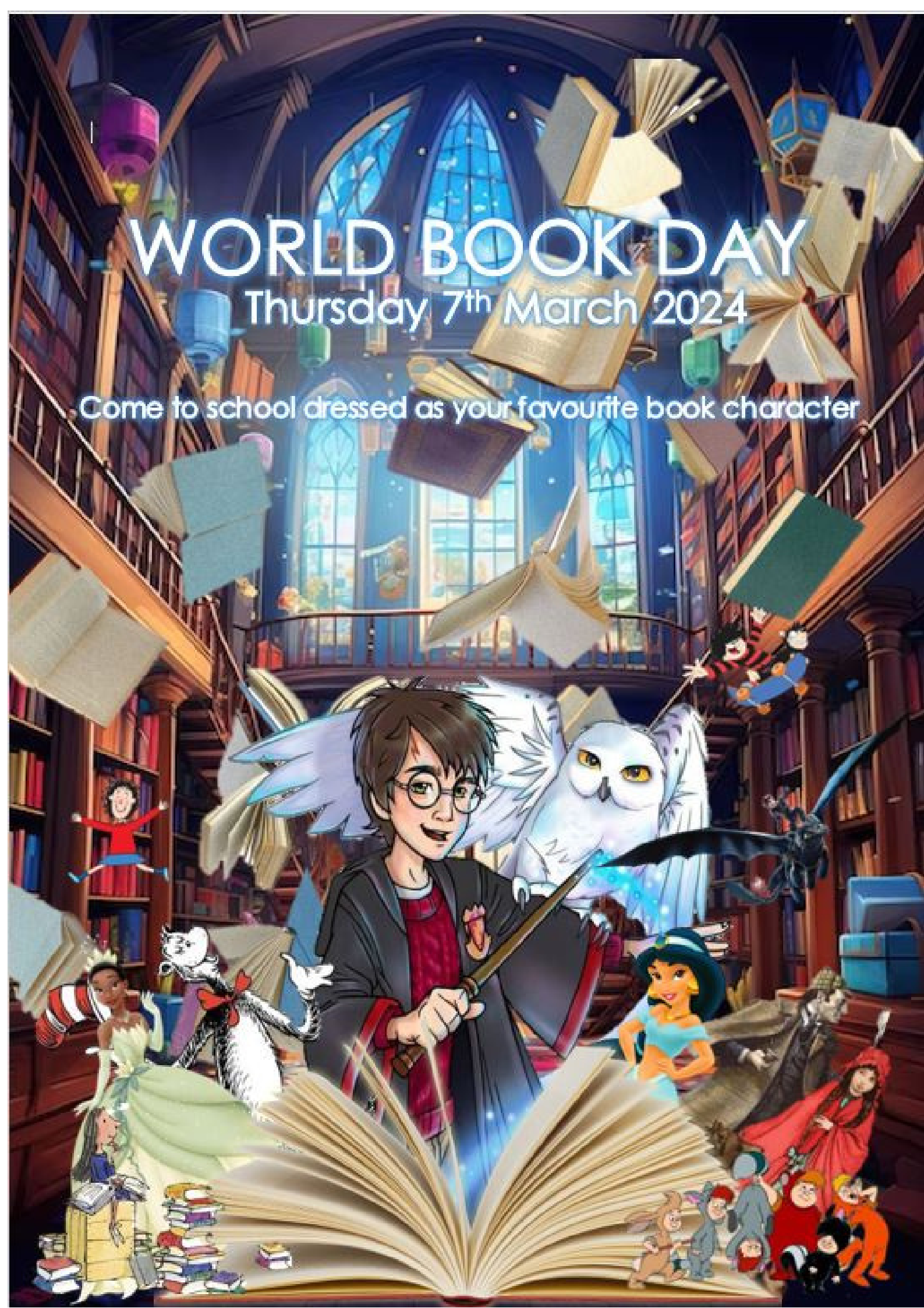
Pineapple Cake

A healthy food meal is important for children and young people to keep healthy and improve their performance

# WORLD BOOK DAY

Thursday 7th March 2024

Come to school dressed as your favourite book character



# COVENTRY

## SCHOOL NURSING NEWSLETTER

# Spring

Welcome to the spring 2024 term!

We hope you have had a restful and healthy Christmas break and are back feeling refreshed for 2024.

This is a reminder that the school nursing service works during school holidays too! We work Monday to Friday, excluding public and bank holidays, and you can contact us on the details below;

**Moat House School Nurse Team:**

**01926 495321 Ext 7494**

**Charter School Nurse Team:**

**01926 495321 Ext 7417**



Alternatively, you can message us on our  
**ChatHealth text service: 07507 329 114**  
(Parent Line).



We are not an emergency service. If your concern is urgent, please call  
**999 or 111**



### GET WINTER STRONG!

The spring term has started, but it is still winter, and the temperature has been dropping!

Flu and COVID-19 spread more easily in winter and can cause serious harm to those more vulnerable.

Get winter strong – check if you're eligible and book your vaccination now. More info: <https://www.nhs.uk/live-well/seasonal-health/keep-warm-keep-well/>

### RISE IN MEASLES CASES

People in the West Midlands are being urged to check that they and all family members are up to date with their MMR vaccine following confirmation that measles is circulating in the region.

For more information, please see the link below:

<https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>



Supporting children, young people & families

### Primary Schools

## WHO WE ARE

Here's a reminder of what the School Nursing team can support you with:

- Toileting
- Sleep
- Challenges with eating and diet
- Delivering the NCMP for Reception and Year 6 pupils
- Puberty
- Emotional health and how to relax
- Managing behaviour
- Hygiene

### Confidentiality

Whilst we offer confidentiality, the School Nursing Team works in partnership with other agencies, where information may need to be shared in your child's best interest.

### Consent

The School Nurse Team will obtain consent from parents and carers before supporting children and young people. In secondary schools, young people can access the School Nurse independently for advice and support without parental consent. However, we always encourage young people to speak with their parent/carer.



Check out our Health for Kids website for health advice to help your children grow and flourish.

[www.healthforkids.co.uk/coventry/](http://www.healthforkids.co.uk/coventry/)

### Contact Us

**Moat House School Nurse Team:**

01926 495321 Ext 7494

[Swg-tr.MoatHouseSchoolNursing@nhs.net](mailto:Swg-tr.MoatHouseSchoolNursing@nhs.net)



**07507 329 114 (Parent Line)**

**Charter Avenue School Nurse Team:**

01926 495321 Ext 7417

[Swg-tr.CharterAvenueSchoolNursing@nhs.net](mailto:Swg-tr.CharterAvenueSchoolNursing@nhs.net)



[Coventry School Nursing Team](#)



[COVSCHOOLNURSES](#)

# COVENTRY

## SCHOOL NURSING NEWSLETTER

### NHS VACCINES

Please look at the link below to remind yourself when you/your child are due NHS vaccines. Remember, vaccines help protect people from illnesses. It is best to have them on time, but if you/your child has missed a vaccine, contact your GP to catch up.

<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>



Remember to wash your hands after blowing your nose, sneezing, and/or coughing to help stop the spread of germs!

To watch a video reminding you of good handwashing techniques, follow the link below:

<https://www.nhs.uk/live-well/best-way-to-wash-your-hands/>

#### Contact Us

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### Children's Mental Health Week 5th – 11th February 2024

The theme for this year's Children's Mental Health Week is "my voice matters", and it's about empowering children and young people to express themselves by giving them the tools they need to do so.

Place2Be (the mental health charity that launched Children's Mental Health Week in 2015), who worked alongside children and families, have shared some tips that parents can use to help their children feel their voice is heard and valued.



#### Talk to each other

This doesn't have to be a formal chat about mental health; just talking to each other on the way home from school or at bedtime, for example, can be enough.



#### Listen to your child

When your child is speaking, listen to them without interrupting them so they feel comfortable talking to you about their feelings/concerns. Bear in mind that, at times, your child may just want you to listen without a reply/comment.



### Primary Schools



#### Be open about your feelings too

-Doing this can help your child be open about their feelings too.



#### Don't compare

-Comparisons between yourself and your child do not help them feel heard.



#### Accept your child may speak to someone else

Sometimes a child/young person may want to talk to a sibling, cousin or friend instead of their parents, as they feel someone their own age may understand them better. Accept this and remind your child that you are still there for them if and when they are ready to talk to you about their feelings.

**For more information and to see how you can support your child with their mental health, visit:**

**Place2Be – search families**

<https://www.childrensmentalhealthweek.org.uk/families/>

**NHS**

<https://www.nhs.uk/every-mind-matters/supporting-others/childrens-mental-health/>

**BBC**

<https://www.bbc.co.uk/cbbc/curations/cbbc-mental-health-awareness>



**ChatHealth 07507 329 114 (Parent Line)**

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**Coventry School  
Nursing Team**



**COVSCHOOLNURSES**

# COVENTRY

## SCHOOL NURSING NEWSLETTER

### Upcoming Awareness Days:

**Eating Disorders Awareness Week –**  
Wednesday 28th February 2024 –  
Tuesday 5th March 2024

**For information and support about  
eating disorders, visit:**  
NHS

<https://www.nhs.uk/mental-health/feelings-symptoms-behaviours/behaviours/eating-disorders/overview/>

**Health for Kids (NHS) – go to grown ups  
section and search eating disorder**

<https://www.healthforkids.co.uk/coventry/>

**Self-Injury/Harm Awareness Day – 1st  
March 2024**

**For information and support about self-  
injury/harm, visit the NHS websites  
below:**

<https://www.nhs.uk/mental-health/feelings-symptoms-behaviours/behaviours/help-for-suicidal-thoughts/>

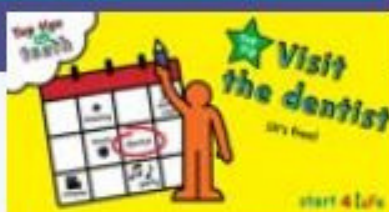
<https://www.covwarkpt.nhs.uk/self-harm/>

<https://www.nhs.uk/mental-health/feelings-symptoms-behaviours/behaviours/self-harm/>

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The NHS recommends we clean our teeth twice a day with fluoride toothpaste.

Cleaning our teeth is essential for good dental health, and children can visit NHS dentists for free. Adults on benefits may also qualify for free NHS dental treatment.

Visit the below links for more information about dental health:

**Visit the below links for more information about dental health:**

<https://www.nhs.uk/live-well/healthy-teeth-and-gums/taking-care-of-childrens-teeth/>

<https://www.nhs.uk/live-well/healthy-teeth-and-gums/how-to-keep-your-teeth-clean/>

**Visit the below link to find your local NHS dentist:**

<https://www.nhs.uk/service-search/find-a-dentist>



### Primary Schools

#### Ice Safety

Remember to stay off ice! Teaching children the importance of staying off ice as early as possible is vital. When waterways, lakes and ponds freeze over, we don't know how thick the surface ice is; it could break and plunge you to the depths of the water beneath it. Under no circumstances should you risk treading on ice!

If someone (including a pet) has fallen through ice, call for help and contact 999 or 112 – do not walk on the ice to attempt to rescue them yourself. For more information about what to do if someone has fallen through ice and about water safety visit:

<https://www.riss.org.uk/pages/category/winter-water-safety>

#### WHAT TO DO IF YOU FALL THROUGH FROZEN WATER

1. Keep calm and shout for help.
2. Spread your arms across the surface of the ice before you.
3. If the ice is strong enough, kick your legs to slide onto the ice.
4. Lie flat and pull yourself towards the bank.
5. If the ice breaks, try and work your way to the bank.
6. If you cannot climb out, wait for help and keep as still as possible. Preserve heat by pressing your arms by your side and keeping your legs together. Keep your head clear of the water.
7. Once safe, go to hospital immediately for a check-up.

Remember to Float to Live! For more information visit RNLI –

<https://rnli.org/safety/float>



**07507 329 114 (Parent Line)**

**Charter Avenue School Nurse Team:**  
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[Coventry School  
Nursing Team](#)



[COVSCHOOLNURSES](#)

# COVENTRY

## SCHOOL NURSING NEWSLETTER

### LET'S GET MOVING

When the weather is chilly, it can put us off doing outdoor activities, but it is important for our physical and mental health to keep active.

Take a look at some fun ideas, linked below, for indoor activities you can do with your child/children as a family:

<https://www.nhs.uk/healthier-families/activities/indoor-activities-for-kids/>



### Coventry Holiday Activities and Food Programme

Have you heard about the Coventry Holiday Activities and Food (HAF) programme run by Coventry City Council? HAF provides free activities, experiences, and food for eligible children and young people during the school holidays. To find out more, visit:

[www.coventry.gov.uk/haf](http://www.coventry.gov.uk/haf)



### Candle Safety

Whether you are lighting candles for relaxation, lighting or religious/spiritual purposes, remember to follow the safety guidance below:

- Candles should be placed on a heat resistant surface as they can get hot enough to melt plastic. This includes tea lights and night lights.
- Candles should be placed upright in a stable candle holder.
- Don't place candles near curtains, furniture or other fabric.
- Keep candles away from draughts - fires can start with flames being blown onto objects.
- Don't place candles on shelves - heat rises.
- Keep children and pets away from candles.
- Never leave a candle burning - always put them out before leaving them, and make sure they are out. If they smoulder, they can still start a fire.
- Snuff candles out with a spoon or snuffer. If you blow candles out, hot wax and/or sparks can fly out, causing burns/fires.
- Never go to sleep with a candle still burning.
- Never leave a burning candle/oil burner in a child's room.
- Don't move candles while they are burning.

For more information visit:

<https://www.fireservice.co.uk/safety/candles/>



### Primary Schools



HELLO  
Meet the team

**Zoe Flannagan**  
School Nurse



My name is Zoe. I trained as a children and young people's nurse 6 years ago and began my nursing career on a children's assessment unit.

I joined the Coventry School Nursing team four years ago as a Staff Nurse. Two years after that, I completed my Specialist Community Public Health Nursing, becoming a School Nurse.

I love how varied the role is, how no day is the same and that I'm always learning.



### Contact Us

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01926 495321 Ext 7494

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07507 329 114 (Parent Line)

#### Charter Avenue School Nurse Team:

01926 495321 Ext 7417

[Swg-tr.CharterAvenueSchoolNursing@nhs.net](mailto:Swg-tr.CharterAvenueSchoolNursing@nhs.net)



Coventry School  
Nursing Team



COVSCHOOLNURSES



2nd February 2024,

Dear parents,

We are looking at healthy travel and safety for children on their journey to and from school. St Anne's takes the safety of our children very seriously and has identified that the area immediately around the school entrance(s) can be at times unsafe for the children when they arrive at or leave school.

This is because of the inappropriate parking, particularly on the zig zag lines and where there are double yellow lines. The zig zag lines are there so that children can have a clear field of view to see traffic approaching and likewise, drivers have a clear view of any children who might wish to cross the road.

If the zig zags are blocked by inconsiderate parking, then neither driver nor child can see each other and the risk of an accident is greatly increased. Where there are cones we ask that these areas are kept clear. The cones are along the corners of the junctions. We have witnessed cars parked on corners of junctions and up on the pavement. This again blocks the view of drivers coming out or entering Dunsmore Avenue. As the zebra crossing is so close to the junction everyone must have a clear view. Parents should not stop and drop off at the zebra crossing, other cars may think you have stopped and drive around you and may not see one of our precious children crossing the road. We just dread to think of what the outcomes could be.

Ideally, every child would walk or cycle to school each day, but we realise, this is not always possible. Sometimes children need to be driven to school as some live too far away to walk or parents have other commitments. If you do need to drive, we would ask that you commit to parking safely in an appropriate place away from the school entrance so as to help protect all members of our school community.

We would also ask that you show consideration to our neighbours by not blocking the entrance to their properties. By working together, we can make our school safer and healthier for everyone.



Thank you for your support in this matter.

Mrs Batson

Headteacher.

# FEBRUARY HALF TERM

Monday 12th to Friday 16th February

# EASTER

**WEEK 1** Monday 25th to Thursday 28th March

**WEEK 2** Tuesday 2nd to Friday 5th April



## Active Kids Courses!

**COURSE TIMES** 9am to 4pm

Early Drop off  
8 to 9am

Late Pick up  
4 to 5pm

**+£3**  
Per Session

ONLY  
**£17**  
per day